

TODAYS MENU

9-5 MONDAY TO SATURDAY

SANDWICHES/ BAGUETTES/CIABATTA

	EAT IN	TAKEAWAY
SOUTHERN BELLE Hot southern fried fillet of chicken, mixed salad and coleslaw	£7.30	£6.60
CHICKEN AND BACON CAESAR Bacon, sliced chicken, mixed salad and caesar dressing	£7.30	£6.60
TUNA CRUNCH Tuna, sweet chilli mayo, peppers and spring onion	£7.30	£6.60
VEGGIE DELIGHT Feta cheese, roasted peppers, sun-blushed tomatoes, spring onion and a french dressing	£7.30	£6.60
YUMMY PEPPERED CHICKEN Peppered chicken, red onion, lettuce and cherry tomatoes	£7.30	£6.60
YUMMY PRAWN Prawn marie-rose, rocket and avocado	£8.65	£7.95
CREATE YOUR OWN Choose 2 meat or cheese filling and 3 salads	£7.30	£6.60

EXTRA FILLINGS - MEAT £1.20 VEGGIE 80P/CIABATTA 70P

MELTS

	EAT IN	TAKEAWAY
CLASSIC HAM AND CHEDDAR		
- Toastie	£7.60	£7.30
- Panini	£8.35	£8.00
SALAMI, SWISS CHEESE AND CHERRY TOMATOES		
- Toastie	£7.60	£7.30
- Panini	£8.35	£8.00
FETA CHEESE, SUN BLUSHED TOMATOES		
- Toastie	£7.60	£7.30
- Panini	£8.35	£8.00
CREATE YOUR OWN (ANY 2 FILLINGS)		
- Toastie		
- Panini		
CLASSIC CLUB	£8.75	£8.40

HOT WRAPS

	EAT IN	TAKEAWAY
MEXICAN CHICKEN Southern fried goujons, jalapeno peppers, cheese, red onion, and salsa sauce	£8.70	£8.20
SOUTHERN FRIED CHICKEN Lettuce, tomato, red onion, creamy coleslaw	£8.70	£8.20
ROAST BEEF MELT Roast beef, peppers, fried onions, swiss cheese and mustard mayonnaise	£8.90	£8.50
VEGGIE DELIGHT (V) Feta cheese, roasted peppers, sun-blushed tomatoes, spring onion and french dressing	£8.75	£8.25

SALADS

	EAT IN	TAKEAWAY
MEXICAN CHICKEN Goujons with jalapeno peppers, cherry tomatoes, cheddar cheese, romaine lettuce, and red onions, topped with a salsa sauce	£9.75	£9.25
SOUTHERN FRIED CHICKEN SALAD Served with avocado, tomato wedges, hard-boiled egg, romaine lettuce and South West dressing	£9.75	£9.25
PRAWN MARIE-ROSE Served with avocado, cherry tomatoes, red onions and romaine lettuce	£11.55	£10.95
VEGGIE DELIGHT SALAD Feta cheese, lettuce sundried tomato, cucumber, spring onion, roasted peppers, French dressing	£9.75	£9.25
CHICKEN & BACON CAESAR Add crutons £1.00 add garlic bread £1.50	£9.75	£9.25
CREATE YOUR OWN Choice of meat, cheddar cheese, egg, coleslaw, lettuce, tomato, cucumber, red onion, peppers and choice of dressing	£9.75	£9.25

JAM

Unit 23, Park Centre, Donegal Road, Belfast BT12 6HN.
T: 028 9032 8103 E: info@JamBelfast.com www.JamBelfast.com

